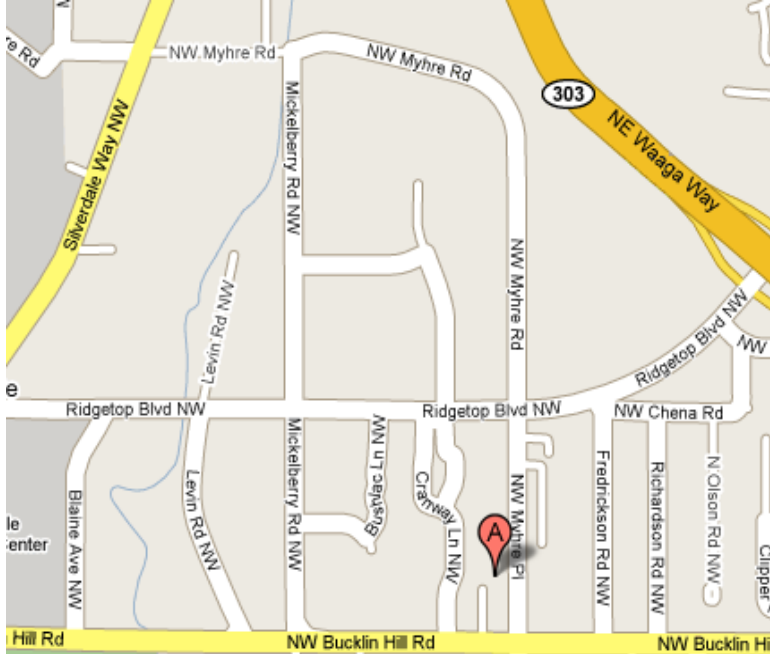


Day: _____
Date: _____
Time: _____

Patient Name: _____ Ordering Physician: _____

Please call (360) 830 -1104 the next business day after seeing your doctor to schedule your procedure. Please bring this form with you to your procedure.



From South

*Hwy 16 West to Hwy 3 North towards Silverdale
Take the Newberry Hill Rd Exit and turn right
Continue on Silverdale way to Bucklin Hill Rd
Turn right on Bucklin Hill Rd to Myhre Rd.
Turn Left on Myhre Rd. Cavalon Place on left.*

From North

*Hwy 16 East to Hwy 3 South towards Silverdale
Take the Newberry Hill Rd Exit and turn left
Continue on Silverdale way to Bucklin Hill Rd
Turn right on Bucklin Hill Rd to Myhre Rd.
Turn Left on Myhre Rd. Cavalon Place on left.*

EXAM PROCEDURE PREPARATION

THYROID SCANS

- ☐ **I-123 / Thyroid Uptake & Scan**
If you take Propylthiouracial, stop taking it 5 days prior to testing. If you take Synthroid, stop taking it 6 days prior to testing. Nothing to eat or drink 6 hours prior to exam.
- ☐ **I-131**
If you take Propylthiouracial, stop taking it 5 days prior to test. If you take Synthroid, stop taking it 6 days prior to Testing. Nothing to eat or drink 6 hours prior to exam, unless otherwise directed by physician. This testing is only done in the AM on Fridays. Females will need current pregnancy test.

BONE SCANS

- ☐ **Bone Scan**
Please be well hydrated, there are no food or medicine restrictions. At your first appointment you will have an injection, and then come back after 3 hours for imaging.
- ☐ **Hands & Feet**
(Same as BONE SCAN, except, come back after 4 hours for imaging).

EXAM PROCEDURE PREPARATION

Continued

ABDOMEN SCANS

- ☐ **HIDA SCAN**
You may not eat anything for 4 to 6 hours prior to exam. It is preferable that you eat a fatty meal 6 hours prior to exam to ensure your Gallbladder is empty. (Denny's grand slam is a good example.) No morphine products 4 to 6 hours prior to exam.
- ☐ **Gastric Emptying**
Nothing to eat or drink for 8 hours prior to exam. Please refrain from smoking. Bring an egg sandwich on toast with 6oz of juice (apple or orange).
- ☐ **Renal Scan**
No prep. *UNLESS*, exam is for "narrowing of the renal artery as the cause of high blood pressure", then nothing to eat or drink after midnight. Water is encouraged.
- ☐ **Meckel Scan**
Nothing to eat or drink 6 hours prior to exam.

CHEST

- ☐ **VO or Lung Scan**
No prep.

CARDIAC SCANS

- ☐ **Sestamibi (Cardiolite, Adenosine, Dobutamine, Thallium)**
No caffeine 24 hours prior to the exam. If you have an AM appointment, you can not eat anything the day of the exam (water is ok). If you have a PM appointment, you may have a light meal 6 hours prior to study. No Beta-Blockers or blood pressure medications 24 hours prior to the exam, unless instructed by your physician. If you do not know what a Beta-Blocker is, please contact your physician. Do not wear an under-wire bra. Wear comfortable clothing and shoes. Please bring a small snack or lunch to eat after the exam.
- ☐ **MUGA Scan**
No prep.
- ☐ **Echocardiogram**
No prep.
- ☐ **Stress Echocardiogram**
Please wear comfortable clothes and walking shoes.
- ☐ **Dobutamine Stress Echocardiogram**
Nothing to eat or drink 4 hours prior to exam.
No Beta-Blockers or blood pressure medications 24 hours prior to exam, unless otherwise instructed by your physician.
If testing in the morning, diabetic medications should not be taken. If testing in the afternoon, consult with your physician regarding your diabetic medications.