



A part of Franciscan Medical Group



Caring for You and Your Family During COVID-19

Dear Parents and Caregivers,

I hope this message finds your family happy and well during this time of sickness and uncertainty. The Doctors Clinic is working diligently to ensure the health and safety of our patients and staff during the COVID-19 pandemic.

In response to the ever-evolving situation we're in, I'd like to share with you my plan to support all my little and big patients. We have modified our practice to help minimize your exposure to the virus and help keep you, your family and our community safe.

We are now offering:

- **Healthy Morning Clinic:** Dr. Anderson is following the American Academy of Pediatrics recommendations to cancel and postpone all non-essential office visits. All visits in Dr. Anderson's morning clinic are focused on "Essential Pediatric Visits" which include newborn care visits, childhood vaccine, well child visits for children aged 18 months and younger, and essential medical visits.
- **One Patient- One Visitor:** One parent/guardian is allowed to accompany the patient inside the clinic to limit exposure.
- **COVID-19 Clinic Symptom Screening:** You will be greeted at the front door on the south side of our building and screened for possible COVID-19 symptoms and have your temperature taken prior to entering the building for your appointment. We are screening patients according to guidelines set by the CDC and Washington State Health Department.

- **Rescheduling Appointments:** All "Non-Essential" office visits have been cancelled, and we have created a priority rescheduling protocol so these appointments will be rescheduled when we resume normal work flows.

At Home Care Options:

Virtual Care Appointments: Dr. Anderson is licensed to provide Virtual Care Appointments via Zoom's app/website. This technology allows us to screen for many conditions and most insurances will now cover these online visits.

Contact us to schedule your appointment.



My Health Record patient portal: Take advantage of our online patient portal, My Health Record. In the portal you can schedule appointments, access vaccine records and charts, request prescription refills and send Dr. Anderson direct messages.

On Call Pediatrician: After hours, call to obtain urgent medical advice from one of The Doctors Clinic's five board-certified pediatricians via **(360) 782-3500** for urgent health needs.

Saturday Clinic: See us, **9 a.m.-12 p.m.**, at our Women's & Children's clinic in Silverdale.

Nurse Triage Line: Call our office during business hours for clinical support. Calls will be returned within one or two business days.

Resources for When You're Sick:

COVID-19 Screening:
COVID-19 testing is limited.

Please contact Dr. Anderson prior to coming to the clinic to have COVID-19 testing performed. Local screening is being performed through The Doctors Clinic Urgent Care in Silverdale or at the Harrison Hospital Emergency Room. Testing sites change frequently so please call prior to coming to the clinic to get screened.



Non- COVID-19 Visits: Office visits for acute medical needs unrelated to COVID-19 can be seen in our afternoon clinic or through virtual telehealth visits.

Please contact our office at **(360) 782-3519** to schedule an appointment.



Stay Home, Stay Healthy

Please do your part to help limit the spread of this virus and prevent home injuries, such as fractures.

Avoid common areas and ensure your home safety and monitoring plan.



Screen Time

Limits are important. Encourage technology breaks and self-control. Make sure your family's use of technology doesn't hinder family connection, physical activity, reading, relaxation and sleep.



Make a Plan

Routines matter. Talk with your kids about what your new daily structure will look like, how to handle stress, when you can take breaks from school and work, and how you will relax.

I am grateful that you have chosen us to serve you and help meet your child's healthcare needs. Please contact our office with any concerns or questions related to the care of your child.

Sincerely,

Bradley T. Anderson, MD, FAAP

Board Certified Pediatrician

(360) 782-3500

The Doctors Clinic | thedoctorsclinic.com/physicians/brad-anderson.aspx



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