

6 WEEK PREDNISONE TAPER

Please take your prednisone as follows:

2 x 20 mg tablets (40 mg total) every morning for two weeks

1 ½ x 20 mg tablets (30 mg total) every morning for one week

1 x 20 mg tablet every morning for one week

2 x 5 mg tablets (10 mg total) every morning for one week

1 x 5 mg tablet every morning for one week

(total of 46 20 mg tablets and 21 5 mg tablets)