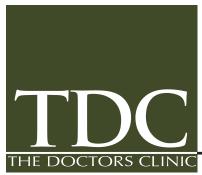


Virginia Mason Franciscan Health





## **Diabetes Letter**

Please bring a letter from your treating doctor with the following:

- 1. Your medication used, the dosage, and any known presence or absence of side effects.
- 2. List any hypoglycemic episodes.
- 3. Provide the results of a Hemoglobin A1C test w/in the past 30 days.
- 4. Note the presence or absence of cardiovascular, neurologic, renal, or ophthalmologic complications.
- 5. Please provide a reference letter with the pilot's name and
- 6. Social Security Number.