

Virginia Mason Franciscan Health





FAA Medical Examination Preparatory Information

Thank you for taking the time to prepare for your exam. Please see the below information and take the appropriate steps before your appointment.

FAA MedXpress

Please visit https://medXpress.faa.gov and fill out your medical exam application. Bring in your confirmation number and a copy of the application to your appointment.

Contact Lens Users

Per FAA guidelines, please remove your contacts 12 hours before your exam and wear/bring in your glasses. We need to check your vision without correction first.

Hypertension/High Blood Pressure

If you are taking high blood pressure medications, please download the FAA Hypertension document, and take it to your treating doctor to be filled out before your FAA medical exam.

Please ensure your doctor circles the indicators in parentheses near the bottom of the document dictating whether your blood pressure is in good control and whether you are following the treatment program or not. Your doctor will most likely want to see you for a visit to complete this form.

Cancer History

If you have a history of a cancer, please download the FAA Cancer document to find out what information we'll need to send to the FAA for this diagnosis. Bring in the requested information at the time of your medical examination.

Thank you for taking these important steps.

We look forward to meeting you and helping you in your certification process!